



Getting--and Staying--in Touch with Legislators

Legislators like to know that their constituents are active and care. You can stay on top of your legislators' activities by subscribing to their newsletters, friending them on Facebook, attending local town halls, subscribing to their Twitter feed, and arranging visits with your legislators or their staffs in their district offices to discuss issues (most legislators are in their district offices on Fridays and during session breaks in July and September through December).

Here are a few web links to help you get started on getting to know and be in touch with your legislators.

Who represents you in the California legislature? Go to this link and type in your address:

<http://findyourrep.legislature.ca.gov/>

List of members of the California Assembly and links to their websites:

<http://assembly.ca.gov/assemblymembers>

List of members of the California Senate and links to their websites:

<http://senate.ca.gov/senators>

You can track bills and how your legislators vote at:

<http://www.leginfo.ca.gov>